

Risk Assessment & Safety Controls for Method of Training

Guidance: Managers and coaches must ensure that a competent person carries out a Risk Assessment and develops control arrangements for training under their control before activity starts; assessment and control arrangements must be made specific to the training session to eliminate / minimise risks and hazards. Tick (✓) appropriate boxes. The control arrangements and further assessments should be reviewed regularly. This assessment and control arrangements must be brought to the attention of, and understood by, the players and where appropriate parents. A copy of the completed assessment must be kept by each coach.

Site Address	Northwood FC, Northwood Park, Chestnut Avenue	
Specific Assessment location	Assessment date	Date of last Assessment
Training areas	August 2020	June 2020
Activity / situation		

Training of youth teams during C-19 pandemic

Hazards Identified		TYPES OF PERSONS AT RISK					WORST CASE OUTCOME					LIKELIHOOD / PROBABILITY					LEVEL OF RISK WITHOUT ADDITIONAL CONTROL
		PLAYERS	COACHEHS	PARENTS	PUBLIC	VISITORS	FATAL INJURY	MAJOR INJURY	ILL HEALTH	MINOR INJURY	ENVIRONMENT	LIKELY	PROBABLE	POSSIBLE	REMOTE	IMPROBABLE	
Ref	Description																
1	Transmission of Covid 19	✓	✓	✓	✓	✓			✓					✓			M
2																	
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Northwood Youth Football Club



Ref No.	Risk / hazard	Control measures being implemented	Comment	Action by	In place
1	Club house	Club house currently open in line with Government guidelines [Club house opening under continual review] No changing facilities available		NFC	✓
2	Toilet facilities	Toilet facilities not available Communicate to all players / parents <i>[Toilet facility reopening under continual review]</i>		NFC Coach NFC	✓
3	Training areas	Each team allocated specific area on the park Consistent allocated area to be used each week Only one person to access equipment container at any time Parents allowed adjacent training areas but should socially distance in line with Government guidelines		NYFC NYFC Coach Parents	✓ ✓
4	Transportation to training and parental behaviour	Players to travel separately to training Parents to maintain social distancing requirements Parental consent required for players to attend training		Parents Parents Parents Parents	
5	Training sessions	Note who has attended each training session Competitive training can now take place, but must be limited to a group size of no more than 30 participants Where possible maintain social distancing		Coach Coach Coach	
6	Player or player family member feeling unwell	Do not attend training if feeling unwell If player / family member has C-19 symptoms – self-isolate If a player tests C-19 positive - escalate to NYFC Committee		Parents Parents Coach	
7	Personal Hygiene and behaviour	Players to arrive in clean kit for each training session Each player to arrive with their own water bottle Each player to bring their own hand sanitiser Sanitiser available outside clubhouse Wash hands before entering the park Wash hands when leaving the park Use hand sanitiser between each activity Wearing of gloves is optional		Parents Parents Parents NYCF Parents Parents Coach Parents	✓
8	Air borne transmission	Social distancing guidelines to be maintained Face coverings not to be worn to avoid respiratory restraint		Coach Coach	
9	Contact transmission	All equipment to be sterilised before each training session Shared equipment to be sterilised before relocation All equipment to be sterilised after each training session		Coach Coach Coach	
10	Competitive matches	Pre-match / post-match handshakes are not permitted Team talk / huddles should not take place Quick approach to set pieces should be encouraged Goal celebrations should be avoided Limit close proximity of participants where possible Ball handling should be kept to a minimum Disinfectant should be used at breaks in play for match balls All players should refrain from spitting Supporters should be spread out and in 6 person gathering limits		Coach Coach Coach Coach Coach Coach Coach Coach	
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